This work is an elaboration of [1]. It is shown within the model of a St. Venant body that the lower limit of the maximum load can be found from a control problem that can be reduced to a variational problem. A method is proposed for obtaining simultaneously both the lower and upper limits. The condition under which this approach will give coinciding limits is found. The method is illustrated by examples of the calculation of composite shells.

Formulation of the Problem. We consider a structure made of a material whose behavior can be described by the model of an ideally plastic body. Let the yield condition have the form

$$
\begin{equation*}
f_{1}(\sigma) \cup f_{2}(\sigma) \cup \ldots \cup f_{m}(\sigma)=1 \tag{1}
\end{equation*}
$$

where $\sigma$ is a vector consisting of the components of the stress tensor.
The loading is assumed to be uniparametric, i.e., the volume forces $Q$ and the surface forces $q$ are proportional to a single parameter $t$ :

$$
Q=Q_{0} t, q=q_{0} t(t>0)
$$

The equations of equilibrium can be written in the symbolic form

$$
\begin{equation*}
L \sigma=-Q_{0} t(x \subset \omega), l \sigma=q_{0} t(x \subset \Gamma) \tag{2}
\end{equation*}
$$

where $L$ and $\ell$ are linear operators, $\omega$ is the region occupied by the body, $\Gamma$ is the surface of the body on which the loads are given, and $x$ is the radius vector of a point.

The kinematic boundary conditions are assumed to be homogeneous and have the form

$$
\begin{equation*}
K u=0(x \subset \gamma) \tag{3}
\end{equation*}
$$

Here $K$ is a linear operator, $u$ is the vector of displacements, and $\gamma$ is the surface of the body on which the limits on the displacements are given. In what follows, the fields of the displacements are assumed to be kinematically possible, i.e., they are considered in spaces satisfying the condition (3).

Within the model of a St. Venant body there arises the problem of finding $t_{-}$and $t_{+}-$ the lower and upper limits, respectively, of the coefficient of the limiting load $t_{*}$, resulting in plastic failure of the structure. According to the static theorem [2-4], if for some $Q$ and $q$ the vector $\sigma$ satisfies Eqs. (2) but does not exceed the limits of the yield surface, then $t=t_{\text {. }}$ If, however, the velocity field $\dot{u}$, satisfying the condition $K \dot{u}=0$ on the surface $\gamma$ has been found, then $t_{+}$can be found [2-4].

Solution of the Problem. We consider first the situation when the left-hand side in the yield condition is a homogeneous function:

$$
\begin{equation*}
f(\sigma c)=c^{n} f(\sigma) \tag{4}
\end{equation*}
$$

where $f$ is convex. The case when the function $f$ is quadratic was investigated in [1]. Here we study cases when $f$ can be a nonquadratic function and when $n>2$.

$$
\text { Writing } \sigma=t \sigma_{0} \text { there follows from (2) }
$$

$$
\begin{equation*}
L \sigma_{0}=-Q_{0}(x \subset \omega), l \sigma_{0}=q_{0}(x \subset \Gamma) \tag{5}
\end{equation*}
$$

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For $t=t_{\text {- }}$ the condition that the limits of the yield surface are not exceeded assumes the form

$$
\begin{equation*}
t_{-}^{n} f_{\max _{x}}\left(\sigma_{0}\right)=1 \tag{6}
\end{equation*}
$$

Hence one can see that in order to obtain the best lower estimate of $t_{*}$ it is necessary to find a field $\sigma_{0}$ that minimizes $f \max \left(\sigma_{0}\right)$. The problem of finding $\sigma_{0}$ is replaced by the problem of finding the displacement field $u$ and the field of elastic characteristics $E$, which are related to $\sigma$ by fictitious Hooke law:

$$
\begin{equation*}
\sigma_{0}=E \varepsilon_{0}, \varepsilon_{0}(x)=B u_{0}(x), E=\lambda(x) E_{0}(x) \tag{7}
\end{equation*}
$$

Here $\varepsilon_{0}$ is a vector consisting of the components of the strain tensor; $B$ is a linear differential operator; $\lambda(x)$ is a desired scalar; and $E_{0}$ is a symmetric matrix which will be found below from the condition $t_{-}=t_{+}$.

The computational operator $f \max _{\mathrm{x}}\left(\sigma_{0}\right)$ is represented in the form

$$
\begin{equation*}
f_{x} \max _{x}\left(\sigma_{0}\right)=\lim _{p \rightarrow \infty}\left[(\operatorname{mes} \omega)^{-1} \int_{\omega} f^{p}\left(\sigma_{0}\right) d \omega\right]^{1 / p}, \tag{8}
\end{equation*}
$$

and the problem of minimizing (8) is replaced by a variational problem of minimizing the function $F$ under the restriction (5)

$$
\begin{equation*}
F_{*}=\min _{\lambda, u_{0}} F, \quad F=\int_{\omega}\left[f\left(\lambda E_{0} B u_{0}\right)\right]^{p} d \omega \tag{9}
\end{equation*}
$$

It can be shown that this problem is equivalent to an isoparametric problem of minimizing $F$ under the condition

$$
\begin{equation*}
\Pi=\int_{\omega} \lambda\left(B u_{0}\right)^{\mathrm{T}} E_{0} B u_{0} d \omega-\int_{\omega} Q_{0}^{\mathrm{T}} u_{0} d \omega-\int_{\Gamma} q_{0}^{\mathrm{T}} u_{0} d \Gamma=b, \tag{10}
\end{equation*}
$$

where the index $T$ designates transposition; $b=$ const. Writing the condition for the Lagrangian $\Phi=F+\mu \Pi$ to be stationary in the form $\delta_{\lambda} \Phi=0$, where $\delta$ indicates the variation operation, we obtain for $\lambda$

$$
\begin{equation*}
\lambda^{n p-1}=(\mu / n p)\left(B u_{0}\right)^{T} E_{0} B u_{0} / f^{p}\left(E_{0} B u_{0}\right) \tag{1.1}
\end{equation*}
$$

Writing $f_{0}=f\left(\sigma_{0}\right)$ we obtain from the condition $\delta u_{0} \Phi=0$, taking into account Eq. (11),

$$
\begin{gather*}
\int_{\omega}\left[\lambda\left(B u_{0}\right)^{\mathrm{T}} E_{0} B u_{0}\left(\partial f_{0} / \partial \sigma_{0}\right) E_{0} \delta B u_{0} / n f_{0}\right] d \omega-  \tag{12}\\
-2 \int_{\omega} \lambda\left(B u_{0}\right)^{\mathrm{T}} E_{0} \delta B u_{0} d \omega+\int_{\omega} Q_{0}^{\mathrm{T}} \delta u_{0} d \omega+\int_{\Gamma} q_{0}^{\mathrm{T}} \delta u_{0} d \Gamma=0 .
\end{gather*}
$$

The coefficients in front of $\delta \mathrm{Bu}_{0}$ in the first two integrals sum to $-\sigma_{0} \mathrm{~T}$ :

$$
\begin{equation*}
\lambda\left(B u_{0}\right)^{\mathrm{T}} E_{0} B u_{0}\left(\partial f_{0} / \partial \sigma_{0}\right) E_{0} / n f_{0}-2 \lambda\left(B u_{0}\right)^{\mathrm{T}} E_{0}=-\sigma_{0}^{\mathrm{T}} \tag{13}
\end{equation*}
$$

The validity of Eq. (13) can be verified by multiplying Eq. (13) on the right by $\mathrm{Bu}_{0}$, taking into account Eq. (7), and Euler's formula for homogeneous functions

$$
\left(\partial f / \partial \sigma_{0}\right)^{\mathrm{T}} \sigma_{0}=n f\left(\sigma_{0}\right)
$$

Thus, Eq. (12) is a Lagrange variational equation equivalent to Eq. (5) and the problem Eqs. (9) and (5) is equivalent to Eqs. (9) and (10). The constant $b$ [ $\mu$ is expressed in terms of b through Eq. (10)] is arbitrary. Indeed, if Eq. (5) is represented by a single operator equation

$$
D \lambda E_{0} B u_{0}=P_{0}
$$

and its solution is written in the form

$$
\begin{equation*}
u_{0}=\left(D \lambda E_{0} B\right)^{-1} P_{0} \tag{1.4}
\end{equation*}
$$

then substituting Eq. (14) into Eqs. (5) and (7) shows that $\sigma_{0}$ does not depend on the amplitude $\lambda$.

In the limit $p \rightarrow \infty$ we represent the scalar $\lambda(x)$ in the form

$$
\begin{equation*}
\lambda=c /\left[f\left(E_{0} B u_{0}\right)\right]^{1 / n} \tag{15}
\end{equation*}
$$

Estimate from Above. Assume that the solution of the problem (9) and (10) has been found. In order to make an estimate from above, we take as the velocity field $v=\dot{u}$ and the strain-rate field $\xi=\dot{\varepsilon}$

$$
v=u_{0} / \tau, \xi=B u_{0} / \tau
$$

where $\tau$ is a time constant.
Knowing $\xi$, we can, generally speaking, find the stress field $\sigma_{+}$from the yield law:

$$
\begin{equation*}
\xi^{\mathrm{T}}=v\left[\partial f\left(\sigma_{+}\right) / \partial \sigma\right]^{\mathrm{T}} \tag{16}
\end{equation*}
$$

where $v$ is determined from the yield condition $f\left(\sigma_{+}\right)=1$. The following approach can be used to calculate $\sigma_{+}$. Multiplying Eq. (16) on the right by $\sigma_{+}$and using Euler's formula gives

$$
\xi^{\mathrm{T}} \sigma_{+}=v n f\left(\sigma_{+}\right)=v n
$$

According to the same formula of Euler

$$
\begin{equation*}
(n-1) \partial f(\sigma) / \partial \sigma=\left(\partial[\partial f / \partial \sigma]^{\mathrm{T}} / \partial \sigma\right) \sigma \tag{17}
\end{equation*}
$$

if $f$ is twice continuously differentiable. Then Eq. (16) assumes the form

$$
\begin{equation*}
\stackrel{\varsigma}{\varsigma}=v\left[A\left(\sigma_{+}\right) /(n-1)\right] \sigma_{+}, A(\sigma)=\partial[\partial f / \partial \sigma] \mathrm{r} / \partial \sigma \tag{18}
\end{equation*}
$$

In order to calculate the limits of the limiting load we propose using an iteration process. Thus, let the vector $\sigma_{0} t_{-}$be the argument in Eq. (18). Using the notation $A_{0}=A\left(\sigma_{0} t\right)$ and assuming $A_{0}$ is nonsingular, it follows from Eq. (18) that

$$
\begin{equation*}
\sigma_{+} \cong A_{0}^{-1} \xi(n-1) / v \tag{19}
\end{equation*}
$$

The divisor $v$ is determined from the yield condition $f\left(\sigma_{+}\right)=1$ :

$$
v=(n-1)\left[f\left(A_{0}^{-1 \xi}\right)\right]^{1 / n}
$$

Then

$$
\begin{equation*}
\sigma_{+} \cong A_{0}^{-1} \xi /\left[f\left(A_{0}^{-1} \xi\right)\right]^{1 / n} \tag{20}
\end{equation*}
$$

We can attempt to solve Eq. (18) by an iterative method as follows. Using as the argument of the matrix $A$ the vector $\sigma_{+}(r-1)$, where $r$ is the number of the iteration, and $\sigma_{+}(0)=$ $t_{-} \sigma_{0}$, we obtain from Eq. (18)

$$
\sigma_{+}^{r}=A_{(r-1)}^{-1} \xi /\left[f\left(A_{(r-1)}^{-1} \xi\right)\right]^{1 / n}, \quad A_{(r-1)}=A\left(\sigma_{+}^{(r-1)}\right)
$$

provided that $A(r-1)$ are nonsingular matrixes.
If $\sigma_{+}$has been found (exactly or approximately), then the upper limit of the limiting load can be calculated. According to the kinematic theorem, we have

$$
\begin{equation*}
t_{+}=\int_{\omega} \sigma_{+}^{\mathrm{T}} \xi d \omega /\left(\int_{\omega} Q_{0}^{\mathrm{T}} v d \omega+\int_{\Gamma} q_{0}^{\mathrm{T}} v d \Gamma\right) . \tag{21}
\end{equation*}
$$

An iteration process for solving Eqs. (12) and (15) and calculating the limits $t$ - and $t_{+}$can be constructed as follows. At the first step it assumed that $\lambda(1)=1$. The field $u_{0}(1)$ is sought by solving the problem (3), (5), and (7) of the theory of elasticity. The lower limit $t_{-}$is found from the relation (6) and the value of $t_{+}$is found with the help of Eq. (21). It should be noted that in the case when the formula (20) is employed, this is not strictly the upper limit, since the relation (20) is approximate. At the second step $\lambda(2)$ is calculated using the formula (15) and the problem (3), (5), and (7) of the theory of elasticity is solved once again but with $\lambda=\lambda(2), t_{-}(2), t_{+}(2)$ are sought once again, etc. As shown below for examples for a composite shell and in [1] for plates, the iteration process converges quite rapidly.

Condition for $t_{-}=t_{+}$. Assume that the solution of the problem (3), (5), and (7) of the theory of elasticity has been found, and assume that $u_{0}$ and $\lambda$ are represented in the form

$$
u_{0}=\alpha \varphi(x), \alpha=\text { const, } \lambda=c /\left[f\left(E_{0} B \varphi\right)\right]^{1 / n}
$$

According to Eq. (4), we have

$$
\begin{equation*}
f\left(\sigma_{0} t_{-}\right)=\lambda^{n} t_{-}^{n} \alpha^{n} f\left(E_{0} B \varphi\right)=t_{-}^{n} c^{n} \alpha^{n} . \tag{22}
\end{equation*}
$$

Since $\underset{\mathrm{x}}{\mathrm{max}}=1$ necessarily, we have

$$
\begin{equation*}
t_{-}=|c \alpha|^{-1} \tag{23}
\end{equation*}
$$

In view of the fact that $\sigma_{0}$ satisfies the equations of equilibrium (5), the energy identity must also be satisfied:

$$
\int_{\omega} \sigma_{0}^{\mathrm{T}} \varepsilon_{0} d \omega=\int_{\omega} Q_{0}^{\mathrm{T}} u_{0} d \omega+\int_{\Gamma} q_{0}^{\mathrm{T}} u_{0} d \Gamma .
$$

Substituting here $\sigma_{0}$ and $\varepsilon_{0}$, according to Eq. (7), and using Eq. (23) gives

$$
\begin{equation*}
\int_{\omega}(B \varphi)^{\mathrm{T}} E_{0} B \varphi /\left[f\left(E_{0} B \varphi\right)\right]^{1 / n} d \omega=\left(\int_{\omega} Q_{0}^{\mathrm{T}} \varphi d \omega+\int_{\Gamma} q_{0}^{\mathrm{T}} \varphi d \Gamma\right) t_{-} \tag{24}
\end{equation*}
$$

On the other hand, substituting into the formula for the estimate from above (20) and (21) the values $v=\alpha \varphi / \tau, \xi=\alpha B \varphi / \tau$, we obtain

$$
\begin{equation*}
\int_{\omega}(B \varphi)^{\mathrm{T}} A_{0}^{-1}(B \varphi) /\left[f\left(A_{0}^{-1} B \varphi\right)\right]^{1 / n} d \omega=\left(\int_{\omega} Q_{0}^{\mathrm{T}} \varphi d \omega+\int_{\Gamma} q_{0}^{\mathrm{T}} \varphi d \Gamma\right) \tilde{t}_{+} \tag{25}
\end{equation*}
$$

where $\tilde{t}_{+}$is calculated with the help of the approximate formula (20).
Comparing Eqs. (24) and (25) shows that $\tilde{t}_{+}$and $t_{-}$are identical if $E_{0}$ is found from the equations

$$
\begin{equation*}
E_{0}=A_{0}^{-1} / \sigma_{s}, \quad A_{0}=\partial\left[\partial f\left(t_{-} \lambda E_{0} B \varphi\right) / \partial \sigma\right]^{\mathrm{T}} / \partial \sigma \tag{26}
\end{equation*}
$$

where $\sigma_{S}$ is a constant with the dimension of stress.
It remains to show that $t_{+}=\tilde{t}_{+}$when Eqs. (1.2) and (15) are satisfied exactly. For this it is sufficient to verify that $\sigma_{-}$, found from Eqs. (12) and (15), satisfies the yield law (16). Indeed, as follows from Eqs. (22) and (23), the yield condition is satisfied, i.e., $f\left(\sigma_{-}\right)=1$.

The yield law (16), substituting Eq. (17), assumes the form

$$
\zeta=v \partial f\left(\sigma_{-}\right) / \partial \sigma=[v /(n-1)]\left\{\partial\left[\partial f\left(\sigma_{-}\right) / \partial \sigma\right]^{\mathrm{r}} / \partial \sigma\right\} \sigma_{-}=[v /(n-1)] A_{0} \sigma_{-}
$$

Substituting here $\sigma_{-}=\alpha t_{-} \lambda E_{0} B \varphi=\alpha t_{-} \lambda A_{0}{ }^{-1} B \varphi / \sigma_{S}$ gives

$$
\begin{equation*}
\zeta=\left\{v \alpha t_{-} \lambda \tau /\left[(n-1) \sigma_{s}\right]\right\} \xi=\beta \xi, \tag{27}
\end{equation*}
$$

where $\beta=[\cdot]$ is a scalar. Thus, as one can see from Eq. (27), the vectors $\zeta$ and $\xi$ are collinear, i.e., $\xi$ is orthogonal to the flow surface at the point $\sigma_{-}$, and hence $\sigma_{-}$and $\xi$ satisfy the yield law (16). Therefore $\sigma_{-}=\sigma_{+}$and $\tilde{t}_{+}=t_{+}=t_{-}=t_{*}$.

General Yield Condition. Assume that the yield condition has the form (1) and can be approximated by some inscribed piecewise-smooth surface, each piece of which is convex and is described by the equation

$$
\begin{equation*}
b_{i}(\sigma)=1, i=1, \ldots, p \tag{28}
\end{equation*}
$$

$p$ is the number of pieces and $b_{i}$ is a homogeneous function of degree $2 n$ (for example, $a$ quadratic function). Then the yield condition

$$
\begin{equation*}
b_{1}(\sigma) \cup b_{2}(\sigma) \cup \ldots \cup b_{p}(\sigma)=1 \tag{29}
\end{equation*}
$$

can be replaced by the single condition

$$
\begin{equation*}
g=\left(\sum_{i=1}^{p}\left[b_{i}(\sigma)\right]^{k}\right)^{1 / k}, \quad k \rightarrow \infty \tag{30}
\end{equation*}
$$

Indeed, if at least one of the conditions (29) is satisfied, then $g=1$. Conversely, if $g=1$, then at least one of the conditions (28) must be satisfied.

The function $g$, in contrast to the condition (29), describes a smooth surface. The validity of this substitution can be justified as follows. According to the static theorem, when making an estimate from below, it is only necessary that the conditions $b_{i}\left(\sigma_{-}\right) \leq$ 1 , $i=1, \ldots, p$ not break down in a statistically possible stress field $\sigma$.. Since in the limit $k \rightarrow \infty$ the value $g \rightarrow \max \left\{b_{1}, \ldots, b_{p}\right\}$, then for $g\left(\sigma_{-}\right) \leq 1$ and $k \rightarrow \infty$ no value of $b_{i}$ exceeds unity, i.e., the condition $b_{i}\left(\sigma_{-}\right) \leq 1$ remains valid.

The function $\mathrm{g}(\sigma)$ is homogeneous. For this reason, the results obtained above are valid for it. Then

$$
\begin{aligned}
& \lambda=c /\left[g\left(E_{0} B u_{0}\right)\right]^{1 / 2 n}=b_{*}^{1 / 2 n} \\
& b_{*}=\max \left\{b_{1}\left(E_{0} B u_{0}\right), \ldots, b_{p}\left(E_{0} B u_{0}\right)\right\} .
\end{aligned}
$$

Here the fact that the other terms raised to the power $k$ in the series in Eq. (30) makes an infinitesimal contribution.

From the geometric standpoint $\sigma_{+}$is determined by seeking a vector representing a point on the surface (29), the normal to which at this point is collinear to the strain-rate vector $\xi$. If, however, $\xi$ lies within the angle made by the normals to the surfaces $b_{r}=1$ and $b_{S}=1$ adjoining the edge, then $\sigma_{+}$is set equal to the value of the vector $\sigma_{b}$ representing a point on the edge (Fig. 1). The same procedure is used in the case of conical points $[3,4]$. When the surface (29) is replaced by a smooth surface (30) the value of $\sigma_{g}$ will be virtually identical to $\sigma_{b}$ in the limit $k \rightarrow \infty$, as a result of which the error arising when the piecewise-smooth surface is replaced by a smooth surface will decrease as kincreases.

In the case $\xi=0$, i.e., when the stresses do not reach the flow surface, the vector $\sigma_{+}$ can be arbitrary, but, as one can see from Eq. (21), this does not affect the value of $t_{+}$.

Numerical Examples. As an illustration of the approach proposed above, Fig. 2 displays some computational results obtained by the finite-element method for thin composite shells of revolution, which are formed by symmetric winding of a ribbon at an angle $\pm \psi$ to the meridian along the geodesic lines of the median plane. The annular load $P=P_{0} t$ is directed along the axis of revolution and is applied to the edge with the smaller radius $r_{0}$. The results are presented for a conical shell with radius $R_{0}$ of the large freely supported edge with thickness $h_{0}=0.05 r_{0}$ and with a winding angle $\psi_{0}$ at the supported edge. At other points of the meridian the thickness $h$ and the angle $\psi$ are related to the distance $r$ to the axis of revolution by the relation [6]

$$
r \sin \psi=R_{0} \sin \psi_{0}, h r \cos \psi=h_{0} R_{0} \cos \psi_{0}
$$



Fig. 1


Fig. 2

The following yield conditions were taken for the ribbon:

$$
\left(\sigma^{11} / \sigma_{s}^{11}\right)^{n}+\left(\sigma^{22} / \sigma_{s}^{22}\right)^{n}+\left(\sigma^{12} / \sigma_{s}^{12}\right)^{n}=1 .
$$

The results are presented for $\mathrm{n}=2$ and 4. It was assumed that $\mathrm{P}_{0}=\sigma_{\mathrm{S}} \mathrm{R}_{0}, \sigma_{\mathrm{S}}{ }^{11} / \sigma_{\mathrm{S}}{ }^{22}=2$, $\sigma_{s}{ }^{22} / \sigma_{s}{ }^{12}=\sqrt{5}, t_{*} \cong t_{* *}=\left(t_{+}+t_{-}\right) / 2$, and the height of the shell is $r_{0}$. The small increase in $t_{*}$ for large values of $\psi_{0}$ is caused, first, by the fact that the thickness of the shell increases near the edge with the smaller radius $r_{0}$ as $\psi_{0}$ increases and, second, by the fact that $\sigma_{\mathrm{S}}{ }^{12}<\sigma_{\mathrm{S}}{ }^{22}$.

Figure 2 also displays plots of the convergence of the iteration process presented above. It is obvious that the value of $t_{* *}$ stabilizes very rapidly. The computational results also showed that the values of $t_{-}$and $t_{+}$depend strongly on the degree of discretization of the region (the number of elements and points of integration over the thickness of the shell). For a high degree of discretization the numerical value of $t$, can even be greater than $t_{+}$. This happens for two reasons. First, when approximate methods are employed for solving problems in the theory of elasticity the equations of equilibrium are, as a rule, not satisfied exactly. Second, when $\underset{x}{\max }\left(\sigma_{0}\right)$ is calculated, the peaks of the function $f$ are "cut off" (smoothed) when numerical methods are employed.

In order for the computation to be stable and in order to achieve the best convergence, the ratio of the maximum value of $\lambda$ to the minimum value must be limited. A similar condition must also be adhered to when calculating $\mathrm{E}_{0}$ from Eq. (26). The results presented below were obtained for $\lambda_{\max } / \lambda_{\min }=100$ and (with $n=4$ ) $\left|\sigma^{i j}\right|_{\max } /\left|\sigma^{\mathrm{ij}}\right|_{\min }=100$ with $E_{0}$ calculated from Eq. (26). But, even with quite large deviations from the condition (26), the quantities
 about 1\%) after 3-4 iterations.

Thus, the method proposed above makes it possible to obtain a bilateral estimate of the limiting load by solving a problem in the theory of elasticity whose elastic characteristics are determined in terms of the plasticity parameters.

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